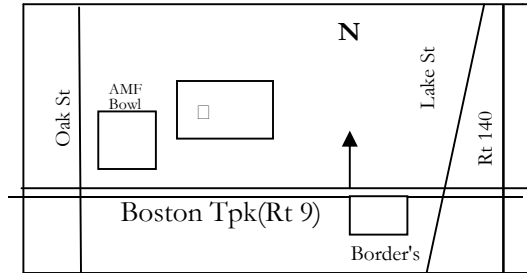


### ***OUR HOURS:***

Monday: 8:30 AM - 5:00 PM.  
Tuesday: 8:00 AM - 6:30 PM  
Wednesday: 8:30 AM - 5:00 PM  
Thursday: 8:00 AM - 1:00 PM  
Friday: 8:30 AM - 5:00 PM  
Saturday: 8:00 AM - 1:00 PM  
(Once per month)  
Sunday: Closed

### ***OUR LOCATION (map)***



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## ***INFORMATION BROCHURE***

### ***HOW TO CONTACT US***

During our normal business hours, call our office at 508-845-8200 and briefly describe your medical problems or concerns. Our staff will assist you. Please let us know if it is emergency.

If you experience life threatening medical emergency, please call 911 or go directly to the emergency room at nearby hospital.

Worcester Medical Center at 20 Worcester Center Blvd, Worcester (phone number 800-370-6300).



### **Raymond Zhou, MD, PC**

415 Boston Turnpike (Route 9), Suite 105  
Shrewsbury, MA 01545  
Phone (508) 845-8200  
Fax (508) 845-8300  
[www.drzhouoffice.com](http://www.drzhouoffice.com)

(Next to AMF Town & Country Bowl Building)

This brochure has been designed to acquaint you with our medical practice. Please take a few minutes to read through and keep it for future references. If you have further questions, please feel free to contact us and we will be more than happy to assist you.

### ***OUR MISSION***

Our mission is to provide quality medical care to the community and bring health and longevity to people.

### ***OUR SPECIALTY***

We cover a wide variety of diseases commonly encountered in the field of Primary Care and Internal Medicine which includes, but not limited to, diseases of the cardiovascular, respiratory, gastrointestinal, immune systems, kidney and urinary tract, connective tissue and joints, and neurologic disorders.

We advocate disease prevention and encourage patients not only seek medical care for acute problems but also have routine physical check-ups for early diagnosis and treatment for potential illnesses and stay healthy.

In addition to standard Western medicine, we also provide alternative medicine including massage and acupuncture service to patients as needed.

### ***OUR QUALIFICATIONS***

Raymond Zhou, M.D., Ph.D.

- ♣ American Board-Certified Internal Medicine (ABIM)
- ♣ Assistant Professor of Medicine at University of Massachusetts Medical School
- ♣ Active Medical Staff at UMass Medical Center/Memorial Hospital
- ♣ Active Medical Staff at St. Vincent Hospital at Worcester Medical Center
- ♣ Member of Massachusetts Medical Society
- ♣ Affiliated with St. Vencetn Hospital at Worcester Medical Center and UMass Medical Center/Memorial Hospital.

### ***OUR SERVICES***

Provide standard primary care and internal medicine services including:

- ♣ adult and child over 10 year old
- ♣ annual physical exam
- ♣ school physical exam
- ♣ routine OB/GYN exam, pap smear
- ♣ lab service, blood drawing, urine test
- ♣ vaccine immunization and other injections,
- ♣ Acupuncture, massage
- ♣ electrocardiogram (EKG)
- ♣ 24 hour Holter monitor
- ♣ Allergy skin test
- ♣ pulmonary function test
- ♣ asthma/COPD nebulizer treatment
- ♣ acupuncture, electric stimulation
- ♣ X-rays, mammogram, CAT Scan, MRI, ultrasound appointment setup
- ♣ referrals and pre-authorization

### ***OUR CONFIDENTIALITY***

Our practice is strictly in compliance with Health Insurance Portability and Accountability Act (HIPAA). Your medical record is confidential, and any medical information release requires your written authorization except for the situations mentioned in Note of Privacy Practices.

### ***OUR INSURANCE ALLIANCES***

We currently accept: Aetna; Network Health; Bollinger, Blue Cross and Blue Shield (BCBS) PPO & HMO; Cigna; Fallon Select; Harvard Pilgrim; Healthcare Value Management System (HVMS); MassHealth; Medicare; Multiplan; United Healthcare; One Health Plan; Private HealthCare System (PHCS); Tufts; Unicare etc.

If your insurance carrier is not listed above, please inquire us how we can assist you.

Due to the complexity of the various insurance plans and their ongoing changes, it is your responsibility to keep updated of your coverage and inform us any changes.

You are expected to pay copayment during office visit as required by your insurance. Currently we accept cash, check, and credit card.